

# ESSL CHAMPIONSHIP MEET

March 13, 2010

Valley Central Natatorium

## Cut-Off Times

Qualifying times for Championship Meet are posted on the web site [www.esslswim.com](http://www.esslswim.com)

Last Chance Meet - March 6, 2010 at CSD.

## Deck Seed Meeting

**All Entries must be mailed or e-mailed to the Meet Director. Entries must be received by not later than Sunday March 7, 2010.**

- All Entries must be a **data export** using HY-TEK Team Manager. (Entries must be an export of meet entries and NOT a report of meet entries. Please include the name, phone and fax number for the contact person.)
- Send e-mail data file.
- Send Advertisement page for program (email preferred). (Please, do not fax.)
- Include checks (payable to ESSL) for events and patches.
- Email Team Assignment Sheet to [stats@esslswim.com](mailto:stats@esslswim.com) by March 1, 2010.
- Send your Nominee for Senior Scholarship Award by 2/26/2010

## Event Entries

Every team will submit entries for the championship meet as above. For each team, a copy of their entries will be e-mailed to their coach. If any coach finds discrepancies, the deadline for corrections is **Sunday March 7, 2010**. Any corrections requested by the coach after the deadline will be brought to the Meet Director. The Meet Director and President will determine if the entry correction will be accepted. If accepted an additional \$25.00 fee per entry must be paid before any entry change will be made.

COACHES ARE RESPONSIBLE TO VERIFY ENTRIES AND NOTIFY THE MEET DIRECTOR OF ANY CORRECTIONS.

Fees:

Per team \$25.00

Per Swimmer \$2.50

Events: \$4.00 per individual event

\$8 per relay

NO CHARGE for the Presidents relay.

League will pay for water on deck and Lunch for Officers, Officials and 3 persons per team. Lunch by ticket only. Meet Director to distribute tickets with Scratch Sheets. Additional Lunch tickets \$8.00 each.

Send the check to the Meet Director by March 7, 2010.

Chris Joyce

38 Corbett Rd.

Montgomery, NY 12549

Event List: See attached.

Swimmers may compete in two (2) individual events (only (1) of each stroke) and one (1) relay event and one (1) mixed medley relay. Each team is allowed to have one relay team for each relay event. They may have more than one relay team if all teams entered have a qualifying time better than the cut-off time established (Maximum of 3) three per event. You can swim any 4 kids in the age group. Swimmers can swim up (Relays ONLY and only if there are not enough swimmers in the age group to field a relay team) and are not required to have swam together during season.

All finishes will be determined by USA Swimming rules.

**Presidential Relay**

Takes place after morning session and is free. 15 minute warm-up.

Relay consists of two girls and two boys; one from each age group (8&U, 9-10, 11-12 and 13-18), of either back, breast, butterfly and freestyle in that order. Winning team receives plaque and each swimmer receives a 1st Place medal. Medals will be given to each swimmer whose team comes in 2nd and 3rd in Presidential Relay.

### Warm-Ups

Lane assignment and times will be determined by the Meet Director. Each team will be notified of the time by Monday March 8, 2010, and warm-up schedule will be posted on the web site.

Parade of Athletes at 8:50 AM and 2:20 PM.

Meet Director: Chris Joyce  
38 Corbett Rd.  
Montgomery, NY 12549  
(845) 457-6027  
FAX (845) 457-5758  
E-Mail – stats@esslswim.com

### Insurance for Pool

Contact: Marshall & Sterling - (845) 567-1000

Admission: No Cost

Gulbenkian will sell swimwear and clothing at the meet. Tickets will be distributed to each team, which can be exchanged for the souvenir. Tickets will be distributed based upon a percentage of the entries for each team. No team will receive less than 3..

## Awards

Awards will be: Medals places 1-8, ribbons places 9-16, relays – medals places 1-8.

Presidential Relay - 1st Gold (blue), 2nd Silver (red) and 3rd Bronze (white)

Heat ribbon will be given to first place in each heat in A.M. Session, except fastest heat.

## League Trophies

There shall be three (3) team trophies for each Division (1st, 2nd and 3rd).

## Meet Director

All decisions (discipline, meet problems, etc...) will be made by the Meet Director.

Any conflict concerning swimmers eligibility to swim will be resolved by the Meet Director and League President.

All grievances (disputed finishes, etc...) must be made to the Meet Director within 30 minutes of the grievance. If Meet Director cannot resolve grievance, then grievance will be processed in accordance with Constitution.

Assign warm-up start, length of times and lane assignments.

## Discipline of Swimmers:

1st offense - Meet Director informed and he informs coach. Coach and Meet Director resolve problem.

2nd offense - Meet Director may disqualify swimmer. Swimmer will not be allowed to swim any more events.

## **Team Responsibilities**

- Have your swimmers for the first two events in AM & PM report to the seeding area at the end of the parade so they can be seeded without delay
- Each team will supply, by March 1, 2010, the names of two timers. The Championship Meet is not the place for new timers. The two timers with watches will report to the Head Timer on the pool deck at the end of warm-ups. Each timer will work ½ session.
- Each team will supply, by March 1, 2010, the names of one person to work the concession tables.
- Each team will supply, by March 1, 2010, the names of 4 adults who will be monitoring swimmers in the gym for AM & PM sessions.
- Coaches are to pick up scratch sheets at the score table upon arrival and note any scratches as soon as possible.
- It is the team's responsibility to make sure each swimmer is on time to be seeded. If a swimmer arrives late, it will be up to the Referee to determine if the swimmer can be placed in the event and in which heat.

Day of Meet: 1 Starts at 09:30 AM

<b>Round</b>	<b>Event</b>	<b>Meet Qualifying</b>
Finals	1 Mixed 12 & Under 200 Medley Relay	2:25.00
Finals	3 Girls 9-10 100 IM	1:34.00
Finals	4 Boys 9-10 100 IM	1:35.00
Finals	5 Girls 11-12 100 IM	1:25.00
Finals	6 Boys 11-12 100 IM	1:25.00
	Break: 3 Minutes	
Finals	7 Girls 8 & Under 25 Freestyle	21.00
Finals	8 Boys 8 & Under 25 Freestyle	21.00
	Break: 3 Minutes	
Finals	9 Girls 8 & Under 50 Freestyle	48.00
Finals	10 Boys 8 & Under 50 Freestyle	48.00
Finals	11 Girls 9-10 50 Freestyle	39.00
Finals	12 Boys 9-10 50 Freestyle	39.00
Finals	13 Girls 11-12 50 Freestyle	34.00
Finals	14 Boys 11-12 50 Freestyle	34.00
Finals	15 Girls 11-12 100 Freestyle	1:16.00
Finals	16 Boys 11-12 100 Freestyle	1:15.00
	Break: 3 Minutes	
Finals	17 Girls 8 & Under 25 Backstroke	25.50
Finals	18 Boys 8 & Under 25 Backstroke	26.00
	Break: 3 Minutes	
Finals	19 Girls 9-10 50 Backstroke	48.00
Finals	20 Boys 9-10 50 Backstroke	48.00
Finals	21 Girls 11-12 50 Backstroke	41.00
Finals	22 Boys 11-12 50 Backstroke	41.00
	Break: 3 Minutes	
Finals	23 Girls 8 & Under 25 Breaststroke	29.00
Finals	24 Boys 8 & Under 25 Breaststroke	29.00
	Break: 3 Minutes	
Finals	25 Girls 9-10 50 Breaststroke	51.00
Finals	26 Boys 9-10 50 Breaststroke	52.00
Finals	27 Girls 11-12 50 Breaststroke	45.00
Finals	28 Boys 11-12 50 Breaststroke	45.00
	Break: 3 Minutes	
Finals	29 Girls 8 & Under 25 Butterfly	27.00
Finals	30 Boys 8 & Under 25 Butterfly	27.00
	Break: 3 Minutes	
Finals	31 Girls 9-10 50 Butterfly	48.00
Finals	32 Boys 9-10 50 Butterfly	48.00
Finals	33 Girls 11-12 50 Butterfly	41.00
Finals	34 Boys 11-12 50 Butterfly	40.00
	Break: 2 Minutes	
Finals	35 Girls 8 & Under 100 Freestyle Relay	1:24.00
Finals	36 Boys 8 & Under 100 Freestyle Relay	1:24.00

Session: 1 Morning

<b>Round</b>	<b>Event</b>	<b>Meet Qualifying</b>
Finals	37 Girls 9-10 200 Freestyle Relay	2:36.00
Finals	38 Boys 9-10 200 Freestyle Relay	2:36.00
Finals	39 Girls 11-12 200 Freestyle Relay	2:16.00
Finals	40 Boys 11-12 200 Freestyle Relay	2:16.00

Session: 2 Presidential

Day of Meet: 1 Starts at 01:00 PM

<b>Round</b>	<b>Event</b>	<b>Meet Qualifying</b>
Finals	41 Mixed 18 & Under 200 Medley Relay	

Session: 3 Afternoon

Day of Meet: 1 Starts at 03:30 PM

<b>Round</b>	<b>Event</b>	<b>Meet Qualifying</b>
Finals	42 Mixed 13 & Over 200 Medley Relay	2:15.00
Finals	43 Girls 13-14 100 IM	1:18.00
Finals	44 Boys 13-14 100 IM	1:15.00
Finals	45 Women 15-18 100 IM	1:16.00
Finals	46 Men 15-18 100 IM	1:08.00
Finals	47 Girls 13-14 200 IM	2:44.00
Finals	48 Boys 13-14 200 IM	2:42.00
Finals	49 Girls 15-18 200 IM	2:40.00
Finals	50 Boys 15-18 200 IM	2:37.00
Finals	51 Girls 13-14 200 Freestyle	2:29.00
Finals	52 Boys 13-14 200 Freestyle	2:26.00
Finals	53 Girls 15-18 200 Freestyle	2:18.00
Finals	54 Boys 15-18 200 Freestyle	2:10.00
Finals	55 Girls 13-14 50 Freestyle	32.00
Finals	56 Boys 13-14 50 Freestyle	30.00
Finals	57 Women 15-18 50 Freestyle	31.00
Finals	58 Men 15-18 50 Freestyle	27.00
Finals	59 Girls 13-14 100 Freestyle	1:10.00
Finals	60 Boys 13-14 100 Freestyle	1:06.00
Finals	61 Women 15-18 100 Freestyle	1:06.25
Finals	62 Men 15-18 100 Freestyle	1:02.00
Finals	63 Girls 13-14 100 Backstroke	1:22.25
Finals	64 Boys 13-14 100 Backstroke	1:20.00
Finals	65 Women 15-18 100 Backstroke	1:21.00
Finals	66 Men 15-18 100 Backstroke	1:14.00
Finals	67 Girls 13-14 100 Breaststroke	1:32.00
Finals	68 Boys 13-14 100 Breaststroke	1:28.00

Finals	69	Women 15-18 100 Breaststroke	1:29.00
Finals	70	Men 15-18 100 Breaststroke	1:20.00
Finals	71	Girls 13-14 50 Butterfly	36.00
Finals	72	Boys 13-14 50 Butterfly	34.00
Finals	73	Women 15-18 50 Butterfly	35.00
Finals	74	Men 15-18 50 Butterfly	31.00
Finals	75	Women 13-18 100 Butterfly	1:18.00
Finals	76	Men 13-18 100 Butterfly	1:15.00
Finals	77	Women 13-18 200 Freestyle Relay	2:08.00
Finals	78	Men 13-18 200 Freestyle Relay	2:04.00